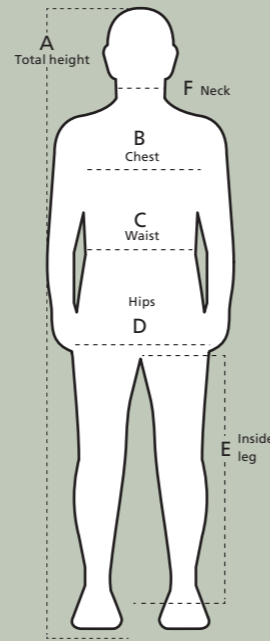


# FRISTADS®



### INCHES CONVERSION TABLE

WAIST																																	
Waist inch-sizes	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42																
Waist cm	66	69	71	74	76	79	81	84	86	89	91	94	96	99	102	104	107																
LENGTH																																	
Inside leg inches													30							32							34						
Inside leg cm													76							81							86						

### JACKETS, TROUSERS AND COVERALLS. TOTAL HEIGHT 176-184 CM. THIS TABLE SHOWS THE SIZE GROUP REGULAR FOR COVERALLS.

MEN SIZES		C40	C42	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62	C64	C66					
			XS / REGULAR XS		S / REGULAR S		M / REGULAR M		L / REGULAR L		XL / REGULAR XL		2XL / REGULAR 2XL		3XL / REGULAR 3XL		4XL / REGULAR 4XL		5XL / REGULAR 5XL	
Figure C Normal waist	B Chest cm	80	84	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144	148	152
	C Waist cm	68	72	76	80	84	88	92	97	102	108	114	120	126	132	138	144	150	156	162
A Total height 176 – 184 cm	D Hips cm	88	91	94	98	102	106	110	114	118	122	126	130	134	138	142	146	150	154	158
	E Inside leg cm	80	80	80	80	82	82	82	82	84	84	84	84	84	84	84	84	84	84	84

### TROUSERS AND COVERALLS. TOTAL HEIGHT 184-192 CM THIS TABLE SHOWS THE SIZE GROUP TALL FOR COVERALLS.

MEN SIZES		C144	C146	C148	C150	C152	C154	C156	C158	C160	C162	C164	C166	C168
		TALL XS	TALL S		TALL M		TALL L		TALL XL		TALL 2XL		TALL 3XL	
Figure C Normal waist	B Chest cm	88	92	96	100	104	108	112	116	120	124	128	132	136
	C Waist cm	76	80	84	88	92	97	102	108	114	120	126	132	138
A Total height 184 – 192 cm	D Hips cm	94	98	102	106	110	114	118	122	126	130	134	138	142
	E Inside leg cm	85	85	87	87	87	87	89	89	89	89	89	89	89

### TROUSERS AND BIB'N'BRACE. TOTAL HEIGHT 192-200 CM.

MEN SIZES		C246	C248	C250	C252	C254	C256	C258	C260
Figure C Normal waist	B Chest cm	92	96	100	104	108	112	116	120
	C Waist cm	80	84	88	92	97	102	108	114
A Total height 192 – 200 cm	D Hips cm	98	102	106	110	114	118	122	126
	E Inside leg cm	90	92	92	92	94	94	94	94

### TROUSERS AND COVERALLS. TOTAL HEIGHT 168-176 CM. THIS TABLE SHOWS THE SIZE GROUP SHORT FOR COVERALLS.

MEN SIZES		D84	D88	D92	D96	D100	D104	D108	D112	D116	D120	D124	D128	D132	D136
		SHORT XS		SHORT S		SHORT M		SHORT L		SHORT XL		SHORT 2XL		SHORT 3XL	
Figure D Large waist	B Chest cm	84	88	92	96	100	104	108	112	116	120	124	128	132	136
	C Waist cm	78	82	86	90	94	98	103	108	114	120	126	132	138	144
A Total height 168 – 176 cm	D Hips cm	93	96	100	104	108	112	116	120	124	128	132	136	140	144
	E Inside leg cm	76	76	76	78	78	78	80	80	80	80	80	80	80	80

### TABLES FOR WOMEN'S GARMENTS FROM THE CHAPTER WOMAN ON PAGES 210-221.

WOMEN SIZES		C34	C36	C38	C40	C42	C44	C46	C48	C50	C52			
		XS	S		M		L		XL		3XL			
Figure C Normal waist	B Chest cm	76	80	84	88	92	96	100	104	110	116	122	128	134
	C Waist cm	63	66	69	72	76	80	84	88	93	99	105	111	117
A Total height 164 – 172 cm	D Hips cm	87	90	93	96	99	102	106	110	115	120	125	130	135
	E Inside leg cm	80	80	80	80	80	80	80	80	80	80	80	80	80

Sizes trousers and winter workwear	C42	C43	C44	C45	C46	C47	C48	C49	C50	C51	C52	C54	C56	C58	C60	C62	C64	C66	C68	C70	C72							
Sizes all upper body wear/boiler suits/overwear					X5	S					M	L		XL	2XL	3XL			4XL	5XL								
A Chest, jacket/boiler suit (cm)	84	86	88	90	92	94	96	98	100	102	104	108	112	116	120	124	128	132	136	140	144							
A Chest, jacket/boiler suit (inch)	33		34.5		36		38		39.5		41	42.5	44	45.5	47	49	50.5	52	53.5	55	56.5							
K1/K2 Waist, Trousers/bib and brace (cm) *	68	70.5	73	75.5	78	80.5	83	85.5	88	90.5	93	98	103	108	113	118	123	128	133	138	143							
K1/K2 Waist, Trousers/bib and brace (inch) *	27	28	28.5	29.5	30.5	31.5	32.5	33.5	34.5	35.5	36.5	38.5	40.5	42.5	44.5	46.5	48.5	50.5	52.5	54.5	56.5							
L Hip (cm)	90	92	94	96	98	100	102	104	106	108	110	114	118	122	126	130	134	138	142	146	150							
L Hip (inch)	35.5	36	37	38	38.5	39.5	40	41	41.5	42.5	43	45	46.5	48	49.5	51	52.5	54	56	57.5	59							
P Collar size (cm)						37-38							39-40		41-42		43-44		45-46		47-48		49-50		51-52			
P Collar size (inch)						14							15.5		16.5		17.5		18		19		19.5		20			

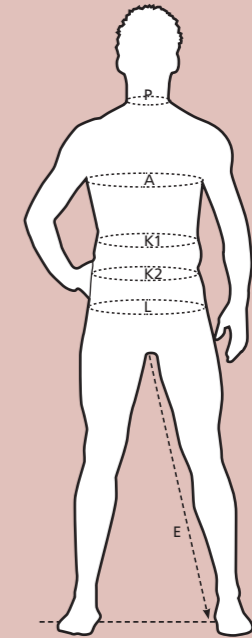
MASCOT®FRONTLINE ladies' size	XS	S	M	L	XL	2XL	3XL			
A Chest (cm)	78	84	90	96	102	110	118			
A Chest (inch)	30.5	33	35.5	38	40	43	46.5			
Headwear	S		M		L		XL	2XL		
H Head measure (cm)	54	55	56	57	58	59	60	61	62	63
H Head measure (inch)	21	21.5	22	22.5	23	23.25	23.5	24	24.5	25

\* Bib and brace are not available in odd sizes.

# RED

Recovery Equipment Direct  
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## SIZE GUIDE



### Bodywear, thermal wear & rainwear

	XS	S	M	L	XL	2XL	3XL	4XL
A Waist (cm)	66-74	74-82	82-90	90-98	98-106	106-117	117-129	129-141
B Chest (cm)	78-86	86-94	94-102	102-110	110-118	118-129	129-141	141-153
C Total body length (cm)	164-172	164-172	172-180	172-180	180-188	180-188	188-196	188-196

### Multinorm workwear

#### Jackets

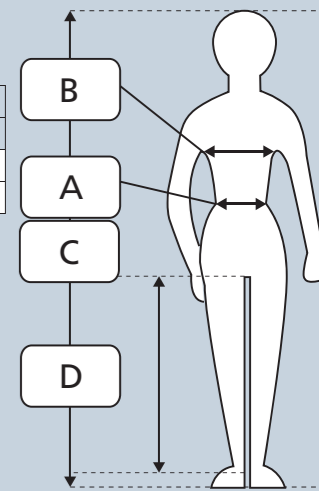
UK	S	M	L	XL	2XL	3XL					
UK (inches)	34	36	38	40	41	42	44	46	48	50	52
B Chest (cm)	86-90	90-94	94-98	98-102	102-106	106-110	110-114	114-118	118-123	123-129	129-135
C Length (cm)	172-176	174-178	176-180	178-182	180-184	182-186	184-188	186-190	188-192	190-194	192-196

### Trousers, bib & brace and coveralls

Short Length	UK (chest)	38S	40S	41S	42S	44S	46S
UK (waist)		33S	34S	36S	38S	40S	42S
A Waist (cm)		82-86	86-90	90-94	94-98	98-102	102-106
B Chest (cm)		94-98	98-102	102-106	106-110	110-114	114-118
C Total body length (cm)		168-170	170-174	172-176	174-178	176-180	178-182
D Inseam leg length (cm)		77	78	79	80	81	82

Regular Length	UK (chest)	34R	36R	38R	40R	41R	42R	44R	46R	48R	50R	52R
UK (waist)		30R	32R	33R	34R	36R	38R	40R	42R	44R	46R	48R
A Waist (cm)		74-78	78-82	82-86	86-90	90-94	94-98	98-102	102-106	106-110	110-114	114-118
B Chest (cm)		86-90	90-94	94-98	98-102	102-106	106-110	110-114	114-118	118-123	123-129	129-135
C Total body length (cm)		172-176	174-178	176-180	178-182	180-184	182-186	184-188	186-190	188-192	190-194	192-196
D Inseam leg length (cm)		79	80	81	82	83	84	85	86	87	88	89

Long Length	UK (chest)	36L	38L	40L	41L	42L	44L
UK (waist)		32L	33L	34L	36L	38L	40L
A Waist (cm)		78-82	82-86	86-90	90-94	94-98	98-102
B Chest (cm)		90-94	94-98	98-102	102-106	106-110	110-114
C Total body length (cm)		186-190	188-192	190-194	192-196	194-198	196-200
D Inseam leg length (cm)		86	87	88	89	90	91



# SIOEN